

Title: Ostomy family clinic is good for a heart. (Mrs. Sirikanya U-sahapiriyakul RN, ET)

Background: Health care is taking of a person should be include 4 aspects; Physical health, Social health and Spiritual health. Everyone must have access to quality and safety for service system. (WHO,2014) According to new case ostomy in district 5 of Public health in Thailand. The new case ostomy Since 2014 -2016 are 127,142 and 140 case. The incidence of complications after surgery are irritation around of peristomal skin accounted 4.56%. The analysis of caused complications are cutting wider and lack of knowledge to prevent complication, such as lifting heavy, exercising vigorously after surgery. In addition, The ostomy bag support high due to lack of knowledge and skills for colostomy care

Methods: Safety for heart and Safety for cost



Results

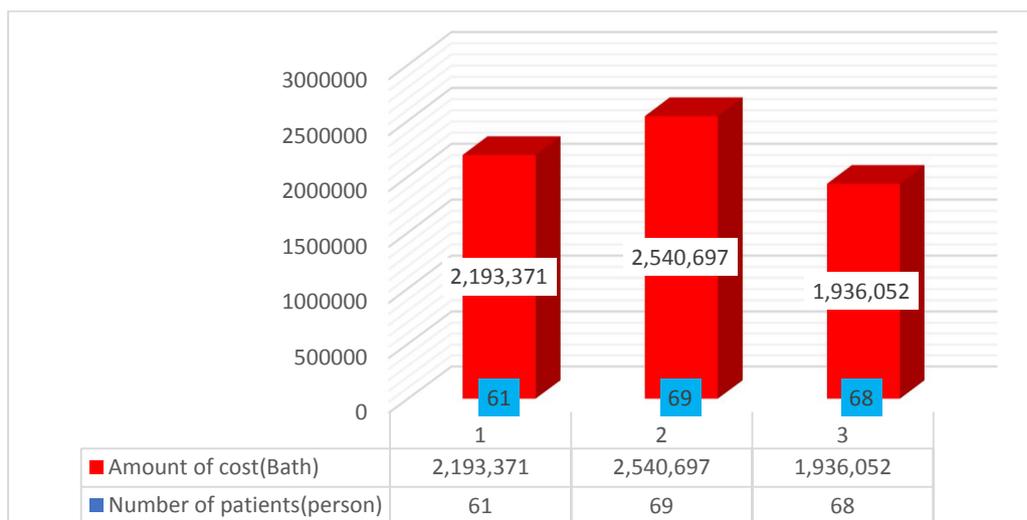


Figure 1. Distribution of Number patients in new case ostomate relation to amount of costs.

-The satisfaction of Ostomy clinic is 85.62%

-Ostomates and caregiver receive knowledge and skill for self-care 100%

Conclusions

Patients education can improve health behavior which in turn might prevent health problems, reduce cost of ostomy bag support and length of stay in the hospital. Supportive in individual who receives the sufficient information about the disease have enough self-care agency.

Reference

Chaleoykitti, S. (2016). The way of life among patients with colostomy. *Journal of The Army Nurse*.

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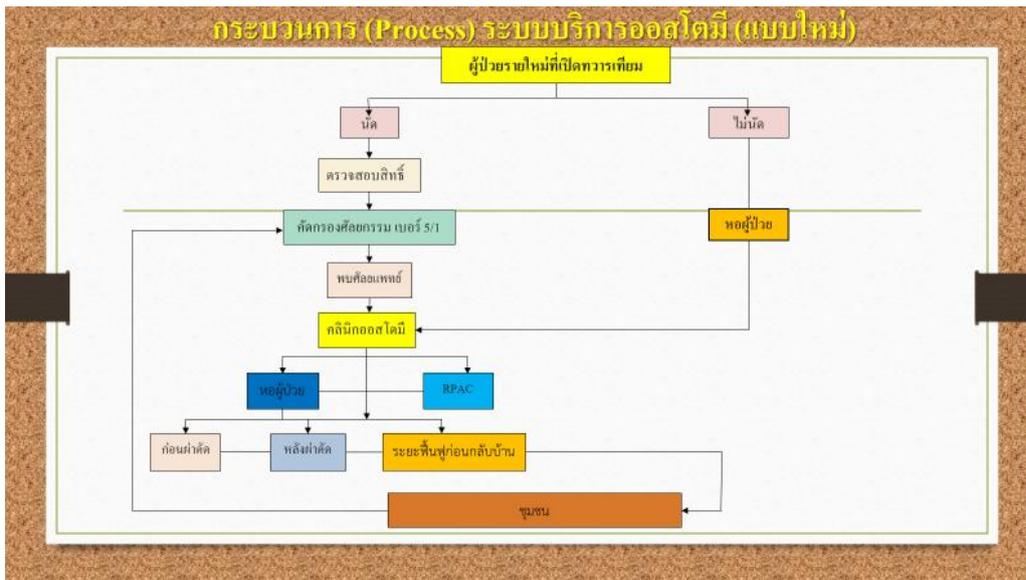
Wannawong, S. (2017). Efficiency of Program to Support and Enhance Care Agency to Prevent

Complications in Ostomates. *Princess of Naradhiwas University Journal*. Vol.6 No.3

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WHO health system Framework; 2014[http// www.library2.parliament.go.th](http://www.library2.parliament.go.th)

Ostomy Family Clinic



Pre-operation



Post-operation

ระยะหลังการผ่าตัดระยะแรก



ระยะหลังผ่าตัดก่อนการจำหน่าย



Follow after operation 1-2 weeks



Social and Family Support

