

Cancerous Wound care in Palliative care.

Arunratsamee Khunbuala RN, ET

Phitchaya Promma RN

Wound Care Team, Lopburi Cancer Hospital.

Background.

A 64-year-old Thai woman who is a retired teacher. She was diagnosed with breast cancer at the end of 2018. She refused surgery and received chemotherapy and radiotherapy at Lopburi Cancer Hospital and the treatment was completed in May 2019. After that, she had been following up onwards.

Methods.

16 - 17 December 2019: Cleaned the wound with NSS solution and covered with top gauze to support exudate and cleaned the wounds every morning and evening. The wounds had a bad odor until having to place the charcoal to deodorize at the patient's bed.

18 -19 December 2019: Changed the wound dressing because slough stuck tightly and the odor had still remained. Therefore, we chose the Prontosan solution by using gauze moistened with a solution soaked to the wound area and covered with top gauze and cleaned the wounds every morning and evening (soaking Prontosan solution for a long time because the slough was very thick) and gently rubbed with gauze to remove slough and then rinsed with NSS solution with Forceful irrigation to remove dirt and reduce pain while dressing.

20-21 December 2019: Used Prontosan solution by using gauze moistened with a solution soaked to the wound area as usual for 15 minutes (slough was decreased). After cleaning the wounds, Vaseline gauze sterile was placed on the wound surface area to reduce pain and bleeding when the dressing is done.

Result.

Used Prontosan solution by using gauze moistened with a solution soaked to the wound area as usual for 15 minutes. The results revealed that the wounds were better, slough was decreased, can see granulation tissue without bad odor. The patient dared to look at her

wounds and felt more comfortable. She was educated about how to take care of cancerous wound at home properly.

Conclusion

Cancerous wound is chronic, complex and unique with bad odor, painful and easy to bleeding. It cannot be healed as other wounds. It also affects to physical, mind and the quality of patient and its family. The patient may be isolated from society. Therefore, the objectives of cancerous wound management is to relieve painful for enabling the patient to be comfortable without bad odor or infected as well as bleeding and taking care of the patient's image to have a normal life.